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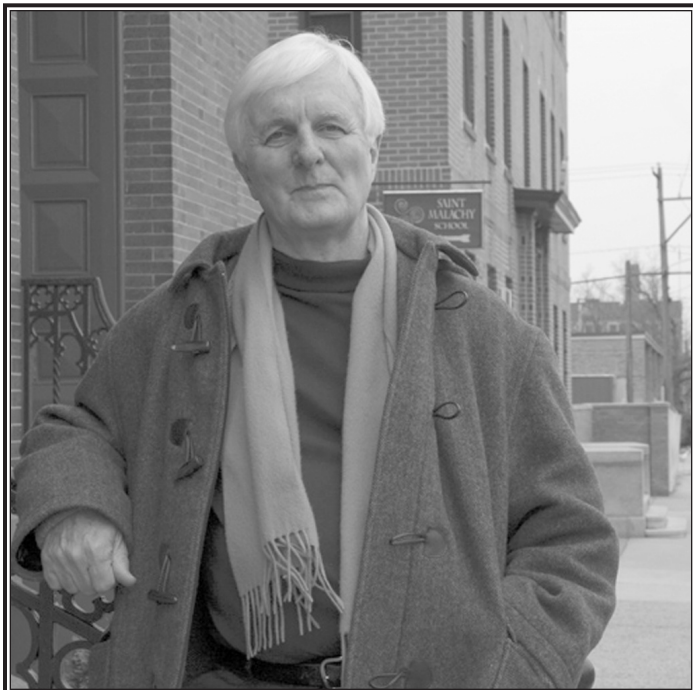
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Year 25, No. 26

Celebrating 25 Years of Community News

March 10 – March 16, 2010

An Irish Poetry Evening with Father John McNamee at Rosemont College



Father John McNamee will speak at Rosemont College on **March 24, 2010.**

of poetry, Father McNamee will read selections from *Donegal Suite* and poems not yet published.

Perhaps best known for his efforts on behalf of the poor, Father McNamee is a pastor emeritus of Saint Malachy Church (Philadelphia, PA) and the author of several books of prose and poetry that champion the cause of the poor. His best known book, *Diary of a City Priest*, was made into a movie and appeared at numerous film festivals with distribution rights on public television.

Father McNamee's contributions to the poor have touched many people and projects in Philadelphia and elsewhere. He is the founder and board member of the Southwest Community Enrichment Center.

Other organizations that he is involved with include the Dorothy Day Catholic Worker Movement, the Catholic Worker House, the Ludlow Youth Community Center, and the Catholic Peace Fellowship. Additionally, he continues to support the efforts of Saint Malachy.

McNamee's presentation is free and open to the public. For information, visit www.rosemont.edu.

Celebrate the season of all things Irish with parish priest and noted author, Father John McNamee at Rosemont College on Wednesday, **March 24, 2010**, in the foyer of Main Building. The poetry reading will begin at 7:00 p.m. and is sponsored in part, by The Bolger Fund for the Promotion of the Study of the History and Culture of Ireland.

A man of Irish wit and humor with a gift

"THE ART OF THE STEAL" SCREENING AND PREMIERE PARTY



Photo/Scott Weiner

Executive Producer Lenny Feinberg, of Bryn Mawr, celebrates the success of the film's Philadelphia debut at the Ritz 5 Theater.

On Friday, February 26, local filmmaker Don Argott celebrated the Philadelphia debut of his documentary investigation into the decades-long tug-of-war over control of the Barnes Foundation, a private collection of Post-Impressionist and early Modern art worth more than \$25 billion. The film, "The Art of the Steal," was screened at the Ritz 5 Theater, followed by a Q&A session with Argott, Sheena Joyce, Producer, Lenny Feinberg, Executive Producer and Demian Fenton, Editor. Film-goers and guests were invited to attend a premiere party at Positano Coast in Old City. The film has grossed \$41,000 from its three openings (two in New York and one in Philadelphia). "The Art of the Steal" is scheduled to open at Bryn Mawr Film Institute beginning **March 12**. The film is currently showing at all Ritz 5 Theaters.

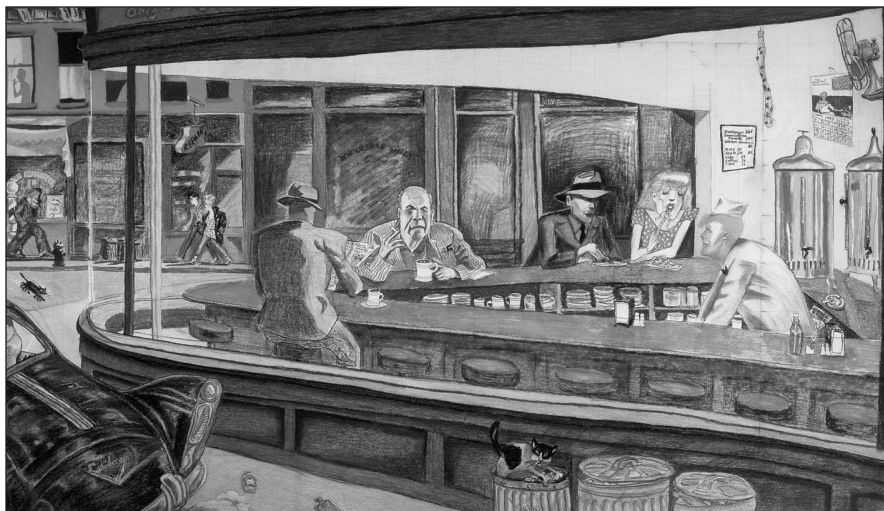
Red Grooms Exhibition at Bryn Mawr College Includes Iconic Pieces and Previously Unseen Works

On March 25 at 7:30 p.m., the Bryn Mawr Film Institute will present a special screening of Red Grooms' films in conjunction with the exhibition

Bryn Mawr College's spring exhibition *Old Masters and Modern Muses: Red Grooms' Portraits of Artists, 1957-2009* will showcase more than 30 works of art by prominent American artist Red Grooms. The exhibition will feature drawings, prints, paintings, and sculptures, spanning five decades of Grooms' career, and include a number of recent works that have never been exhibited before.

Old Masters and Modern Muses will be on view in Bryn Mawr's Canaday Library from **March 25 through June 5**, Tuesday through Saturday from 1 to 5 p.m., and will be accompanied by a fully illustrated catalogue and related programming. This exhibition is free and open to the public.

Bryn Mawr's exhibition is the first exploration of an important theme within Grooms' work: the artist's portrait. Among the exhibited works are portrayals of iconic modern artists such as Henri Matisse, Pablo Picasso, and Salvador Dali, alongside old masters such as Francisco de Goya, Rembrandt van Rijn, and Titian. Also featured in the exhibition are group



"Nighthawks Revisited" by prominent American artist Red Grooms.

tion of self-portraits, including one from 1957 at the very beginning of his career and the 2008 *Self-Portrait with Barnum, Edison, Twain, and Rice* on loan from the National Portrait Gallery, Smithsonian Institution.

Born in 1937 in Nashville, Tenn., Grooms came to national prominence

See *Red Grooms Art Exhibit* on page 10

portraits, set at famous gathering places such as Les Deux Magots in Paris and the Cedar Bar in New York City's Greenwich Village. The recent works include individual large-scale drawings of German expressionist painters Otto Dix and George Grosz, and Dada artists Marcel Duchamp, Hugo Ball, and Baroness Elsa von Freytag-Loringhoven, among others.

Many works in the exhibition are more personal in nature, such as *Rudy and Lupa*, a small sculpture of Grooms's longtime friend and collaborator, the photographer Rudy Burckhardt, and an ink drawing of artist Mary Frank that Grooms sketched while travelling through Italy in 1960.

Also on display will be a selection



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ARTS, CULTURE & SOCIETY EVENTS

By Rose Marie Riley

Global Conservation Gala

The Philadelphia Zoo is presenting the Global Conservation Gala, sponsored by Wachovia, **March 18, 2010**, at the Loews Philadelphia Hotel, 1200 Market Street, at 6 p.m. The event will be the culmination of the Zoo's 150th anniversary and highlights the significant conservation impact of the Global Conservation Prize. Three extraordinary individuals will be recognized for their commitment to the future at the Gala. For information call 215-243-5225.

Party in the Park

The G. Fred DiBona, Jr. Foundation is presenting Fred's Footsteps Party in the Park, sponsored by SEI Wealth Network, **March 19, 2010**, at the Please Touch Museum, Memorial Hall, Fairmount Park, Philadelphia, at 6 p.m. The event will begin with a cocktail reception, followed by a light buffet dinner, raffle and live auction. Dancing to the music provided by Chico's Vibe. Proceeds of the evening will benefit Fred's Footsteps, that helps families through difficult times by providing direct financial assistance to families who find themselves in a financial crisis due to the costs associated with caring for a chronically or critically ill child. For information call 610-850-3280.

Take a Chance

French International School of Philadelphia Soiree is presenting Take a Chance, **March 20, 2010**, in the Upper School, 23 West City Avenue, Bala Cynwyd, at 7 p.m. The event features wine, cheese & desserts, raffle/silent auction followed by dancing. Proceeds of the evening will benefit French International School of Philadelphia. For info call 610-667-1284.

Find Great Information and Advertisers in City Suburban News!

Arts, Culture & Society Events

Please email your formatted special **PAGE 3** events for this page at least two weeks prior to publication date.

ONLY EVENTS THAT ARE CORRECTLY FORMATTED AND SUBMITTED VIA EMAIL WILL BE CONSIDERED FOR POSSIBLE PUBLICATION.

UNIVERSITY CITY ARTS LEAGUE'S FIRST ANNUAL CHILI BOWL SALE & COOK-OFF

Spring is just around the corner, but it's still chili as the University City Arts League hosts the first annual Chili Bowl Sale & Cook-Off. The event is Sunday afternoon, **March 21**.

For \$20, participants get a hand-crafted ceramic bowl made by Arts League potters, "bottomless" chili with fixings and an opportunity to vote in the cook-off that same afternoon. They can sample many varieties of meat and vegetarian chili, and all of the tasters will be the judges as well.

The chili day starts at noon at the Arts League, 4226 Spruce Street in West Philadelphia. The cook-off begins at 3 p.m. and ends at 6 p.m.

All proceeds benefit the Arts League's ceramics studio, the largest pottery studio west of Center City. For information, call the Arts League at 215-382-7811 or email info@ucart-league.org.

Pancake Breakfast to Benefit Overbrook School for the Blind

Overbrook School for the Blind will hold its 18th Annual Pancake Breakfast to benefit the school on Sunday, **March 21** in Lions Hall at Overbrook School for the Blind, 6333 Malvern Avenue in Philadelphia. The Pancake Breakfast will begin at 8 a.m. and will continue through 1 p.m. Admission is only \$5 per person for an all-you-can-eat breakfast including pancakes, eggs, sausage, toast, coffee, juice and more. Tickets are available in advance or at the door.

In addition to door prizes for lucky guests, raffle tickets will be available at \$1 each. Raffle winners will receive several unique door prizes, including cash prizes of \$500, \$250 and \$150.

The Overbrook School for the Blind District 14-A Cabinet Committee and the Philadelphia Filipino-American Lions Club are co-hosts of the Pancake Breakfast. Proceeds from the Pancake Breakfast will benefit the school.

Free parking is available across from the school's main entrance on Malvern Avenue. For info, contact Overbrook School for the Blind at 215-877-0313 or visit www.obs.org.

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Coming March 31.
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Music at Haverford College

Haverford College - Department of Music is presenting its 2009-10 Guest Artist Series, **March 21, 2010**, at 3 p.m. Matthew Bengston, fortepiano, will be performing CPE Bach, JS Bach, Haessler, Haydn & Mozart. Haverford College is located at 370 Lancaster Avenue, Haverford. For information call 610-896-1011.

The 2010 Annual Mütter Ball

The College of Physicians of Philadelphia is proud to announce its 2010 Annual Mütter Ball to be held at the College (19 S. 22nd Street, Philadelphia, PA 19103) on Friday, **March 22, 2010!** In keeping with the history of the museum, this year's event is Victorian themed - think 19th meets the 21st century! 19th-century inspired dishes, authentic Victorian punches, a VIP Absinthe Lounge and the sounds of Philadelphia DJ Maria V. are just some of the treats that guests can look forward to. VIP tickets (access to the VIP Lounge, exclusive hors d'oeuvres menu and open bar) are \$100; General admission tickets (beer & wine bar, hors d'oeuvres menu) are \$50. Doors open for VIP at 7:30 p.m., 8:30 p.m. for General; the event last until 1 a.m. For info and to purchase tickets, visit www.collegeofphysicians.org.

Studio Incamminati Benefit

Studio Incamminati is presenting world renowned artist Nelson Shanks, and nationally syndicated radio talk show host Michael Smerconish, **March 24, 2010**, at The Union League of Philadelphia, 140 South Broad Street, at 7 p.m. Champagne and Desserts are featured. Proceeds from the evening will benefit Studio Incamminati, a not-for-profit advanced art academy. For information call 215-592-1910.

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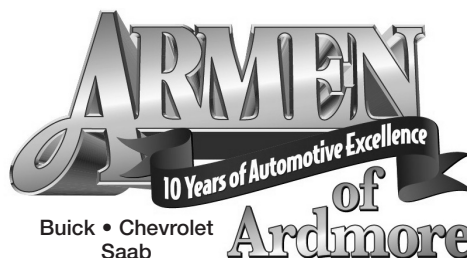
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ALL IN GOOD TASTE AT LOWER MERION



*Julian Davis entertains the crowd on the guitar.
Photo/Madeline Berger*



Chef/owners Christian Gatti and April Liscante of Avril Restaurant in Bala Cynwyd serve up tasty French/Italian food to attendees. Photo/Madeline Berger

The 11th Annual "A Taste of Lower Merion" featured food from over 40 area restaurants, markets and catering establishments at Lower Merion High School on Sunday, February 21. The event which drew close to a thousand guests provided a much needed break from the record-breaking blizzards of the past few weeks. In addition to culinary treasures, there was also a silent auction and live music from local bands. Since this is the last year that "A Taste of Lower Merion" will take place at the old Lower Merion High School, the decorations were designed around a theme of "There's No Place Like Home." Organized by the junior class at LMHS, the proceeds benefit two educational charities, A Better Chance in Lower Merion (ABC House) and The Lower Merion Scholarship fund as well as junior class activities.

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To conveniently receive City Suburban News every week through the mail, please send \$65 with your mailing address to the above address. You will receive 50 issues for your one-year subscription.

Thanks for reading!



*Najee Williams snacks on marshmallows from Camp Experts and Teen Summers as Suzanne Comer looks on.
Photo/Madeline Berger*



Standing in front of the Yellow Brick Road are Theme and Decor committee members, from left – Paula DiGiacomo, juniors Jennarose DiGiacomo and Koty Marine, and Shelley Marine. Photo/Jack Marine

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Tri County Concerts presents international award-winning classical guitarist Petar Jankovic on Sunday, **March 14**, at 2:30 p.m.

Tri-County Concerts Presents Classical Guitarist Petar Jankovic

Tri County Concerts presents International award-winning classical guitarist Petar Jankovic on Sunday, **March 14, 2010**, at 2:30 p.m., at McInnis Auditorium, Eastern University 1300 Eagle Road Road, St. Davids, PA. He will perform works of Villa-Lobos, Moreno-Torrobba, Albeniz and Piazzolla. Tickets are \$15, \$10 for seniors, \$5 for students and children 13 and younger are free. Meet the artist at a complimentary post concert reception. For information call 610-649-2517 or visit www.tricountyconcerts.org for tickets.

Jankovic began his guitar studies at age 8 in his native Serbia where he later earned a degree in classical guitar from the Music Academy Belgrade. He delivered his first professional performance at 16. He graduated with a masters degree from the Indiana University School of Music and in the mid-90s the I.U. Jacobs School of Music invited Jankovic to pursue the esteemed Artist Diploma Degree under the guidance of Maestro Ernest Bitetti. Jankovic won the H.R.H. Princess Cristina 13th International Guitar Competition in Spain and first prize at the First Annual Competition in Performance of Hispano American music. He won Top Strings Award, and he is the first guitarist ever to win this award. Luis Zea, a well know composer, best captured the essence of Jankovic's style by exclaiming "he is a natural poet." Jankovic lives in Indiana and is a faculty member at Jacobs School of Music, Indiana University.

Tri-County Concerts for over sixty five years has presented their Emerging Artist Series. It is the only chamber music series run by an independent non-profit board. Concerts are presented by emerging professional artists and promising local youths. Ticket prices enable families to enjoy the beauty of music on on a Sunday afternoon.

The Episcopal Academy Presents "Joseph and the Amazing Technicolor Dreamcoat"



The Episcopal Academy Domino Club presents the 2010 musical "Joseph and the Amazing Technicolor Dreamcoat." The Biblical saga of Joseph and his coat of many colors comes to vibrant life in this rock-musical parable.

Performing in "Joseph and the Amazing Technicolor Dreamcoat" are, from left - 1st row, from top - Jeff Familetti '10; 2nd row - Spencer Burke '11 and Ally Maute '10; 3rd row - Olivia Glass '10, Lia Gentile '11, and Laura Fabius '11; 4th row - Kate Ruggiero '11, Maggie Familetti '12, and Falon Ecker '10; and 5th row - Dan McCormick '13, Taylor Platt '10, Swanson Ninan '11, Hayden Walling '11, and James Costalas '13.

Joseph (Jeff Familetti '10) is blessed with prophetic dreams. When his 11 jealous brothers sell him into slavery, he endures a series of adventures in which his spirit and humanity are continually challenged. The Domino Club presents a modern version of Andrew Lloyd Webber's popular musical set in "ancient, 1970s, Las Vegas, Egypt."

Performances are Friday, **March 19** at 8:00 p.m. and Saturday, **March 20** at both 2:00 p.m. and 8:00 p.m. in the Crawford Campus Center's

Mainstage Theatrer at The Episcopal Academy, 1785 Bishop White Drive, Newtown Square, PA. For tickets call 484-424-1469.

Baldwin School Hosts Clay Studio Exhibit

The Baldwin School will host "The Clay Studio, 3rd Floor, Students and Artists" exhibition in the Residence Art Gallery at the corner of Montgomery and Morris Avenues in Bryn Mawr **March 14 to April 8**. An opening reception will be held Sunday, **March 14**, from 3 to 5 p.m.

The show at Baldwin is one of 95 exhibitions that are part of "Independence: The 44th Annual National Council on Education Ceramic Arts" (NCECA) conference taking place in Philadelphia **March 31 to April 3**. The Clay Studio is serving as the onsite liaison and organizing body for the exhibitions program.

The Baldwin Gallery is a fitting space for this exhibition because of the educational aspect of the show. "The Clay Studio, 3rd Floor, Students and Artists" is one of four different groups of exhibitions developed for the conference titled "From the Community." These exhibits have been developed in support of the annual conference by individual artists, groups of artists, commercial galleries, non-profit and alternatives spaces, colleges and universities.

Founded in 1974 by five artists in need of workspace, The Clay Studio was envisioned as a steppingstone for students fresh out of art school, offering affordable studio space and shared equipment. Within a short time, however, Clay Studio artists consciously shifted the Studio's mission from an inward focus to an outward educational and community focus. It was the artists' intention to affirm the importance of the ceramic arts alongside other art forms, as well as to bring clay as an accessible, tactile medium to a broad range of people. Today the Studio's programs are geared toward promoting access to the ceramic arts, at all levels of interest and proficiency, from practicing professionals to disenfranchised children of the inner city to art enthusiasts, students and collectors. Its diverse programs, and the variety of communities it serves, distinguish the organization as both a community oriented art center and as a national and international focal point for ceramic arts.

The Baldwin School Gallery hours are 1 to 4 p.m. For information, contact Victoria Gold at 215-668-5575 or visit <http://www.theclaystudio.org/>.

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March 24 – Get Ready for Passover & Easter, Healthy Living, Senior Services & Sr. Back Page

March 31 – Get Ready for Easter, Jewish Culture & Community

April 7 – Education News, Sr. Back Page

April 14 – Healthy Living

April 21 – Education News & Camp, Senior Services & Sr. Back Page

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DINING & ENTERTAINMENT

OUT-AND-ABOUT - Upcoming Food & Entertainment

By Jerry H. Bloom, Staff Writer
Onstage

• **Plays & Players Main Stage**, 1714 Delancey Place (between Spruce & Pine Streets) in Philadelphia, presents *Take Me Out*, **March 11 - 27**. Professional Baseball is altered as Darren Lemmings, star of the New York Empires, comes out of the closet to his team, his friends, and to the public at large. For tickets (\$20 advance or \$25 at the door for adults) or info, call 215-735-0630 or online at www.plays-andplayers.org. Contains adult language and nudity.

• **Academy of Music & the Pennsylvania Ballet** presents: **Program II** features Choreographer in Residence Matthew Neenan's acclaimed *Carmina Burana*, **March 4 - 13**. **Program III, March 13 - 14**, is a collection of works set to the music of Frédéric Chopin. For tickets (\$24 to \$129) or info, call 215-893-1999, visit www.paballet.org, or at the Kimmel Center Box Office.

• **The Drama Group**, at The First United Methodist Church of Germantown, 6001 Germantown Avenue, in Philadelphia, presents *The Story* on Friday and Saturday evenings, **March 12 - 27**, at 8 p.m. A young African-American newspaper reporter, writing about black-related community events, uncovers shocking details surrounding a major news story that would force her editors to finally see her as a serious journalist. How reliable is the story's source? Is it true? Tickets (\$15) at the door. On **March 12**, every ticket purchased admits two people. For info, call 215-844-0724 or visit www.thedramagroup.org.

Food Bites

• **Swift Half Pub**, in the Piazza at Schmidts, 2nd Street and Germantown Avenue in Philadelphia, offers a Beer Dinner, Saturday, **March 13** at 7 p.m. featuring the cuisine of Chef Jessica O'Donnell and ales and lagers of Iron Hill Brewery & Restaurant's head brewer Paul Rutherford who will discuss the beers with guests and offer tips on pairing beer and food. This special meal is \$55 per person, excluding tax and gratuity. For reservations (required) or info, call 215-923-4600 or visit www.swifthalfpub.com.

• **Blackfish BYOB**, 119 Fayette Street in Conshohocken, offers Chef Roman's four-course Tasting Menu on Tuesdays for \$45 per person (plus tax and gratuity). **March 9** tasting menu is: First Course: liver pate, cocoa nibs, toast; Second Course: chicken oysters, compressed apple; Third Course: roast chicken for the table, collard greens, fingerling potato, turnips; Fourth Course: apple pie, peppercorn ice cream, cinnamon. On Fridays, Blackfish offers guests complimentary wine from 5 - 6:30 p.m. and after 9 p.m. (limit two glass per person). For reservations or info, call 610-397-0888 or visit www.blackfishrestaurant.com.

St. Patrick's Day Events

• **Embassy Suites**, 888 Chesterbrook Boulevard in Chesterbrook, PA, offers music, Irish food with a twist, and a Pot of Gold on Wednesday, **March 17**, at 5 p.m. at the E Bar.



See the Irish Rovers in concert at the Keswick Theatre on March 15.

Partygoers can place a business card or entry form in a cauldron to win prizes including overnight stays at the Embassy Suites and dinner in the Grille restaurant. In addition, Chef Peter Grello's menu includes a twist on traditional Irish food. Sal Anthony, singer, songwriter, and pianist will entertain. For reservations or info, call 610-647-6700.

• **Swift Half Pub**, in the Piazza at Schmidts, 2nd Street and Germantown Avenue in Philadelphia, offers a week-long special of \$3 swift half pints and Chef Jessica O'Donnell's Irish-inspired menu of \$3 Irish snacks beginning on Tuesday, **March 16**. A *swift half* is slang for a quick pint on the way home from work. For reservations or info, call 215-923-4600 or visit www.swifthalfpub.com.

• **Keswick Theatre** in Glenside, PA, presents the *Irish Rovers* for a special Pre-St. Patrick's Day concert at the Keswick Theatre on Monday, **March 15**, with original members George Millar, Joe Millar, and Wilcil McDowell. For tickets (\$35 & \$29.50), call 215-572-7650 or visit www.keswick-theatre.com.

• **Hedgerow Theatre**, 64 Rose Valley Road in Rose Valley, PA (near Media), presents its annual St. Patty's Day Cabaret, **March 17** at 7 p.m. featuring tenor Joseph Kinsolving, folksinger Juliet Grey Kelsey, dancers from the Campbell Academy of Irish Dancing, performers from the Brandywine Harp Orchestra joining Hedgerow's Carl Smith, Tara Haupt, and Sarah Gafgen. For tickets (\$12/\$10 for seniors and students) or info, call 610-565-4211 or visit www.hedgerowtheatre.org.

E-mail releases two-weeks in advance to jerry@jerrybloom.com. Follow above format.

VICTORIAN BOUTIQUE SPRING SHOW OPENS MARCH 13 - 28

Telford, Pennsylvania's hidden treasure, the Victorian Boutique wakes up from the heavy winter with its Spring Show, **March 13 - 28, 2010** in the home of Jackie and John Fenstermacher, 53 North Main Street, Telford.

The semiannual show, now in its 23rd year, is a unique craft and home decor shopping event. It is held in a nearly 200-year-old Victorian home. The home is transformed into a lovely boutique where each of the 13 period-rooms is elegantly decorated with quality home decor and specialty gifts for sale.

The magical ambience makes for a memorable and cherished experience that is not to be missed. "Shoppers are delighted when they walk into our home for the spring show because they see their first glimpse of the changing season," Jackie said. "Because we take such care in decorating, the space is transformed into an uplifting, warm place—is an experience that awakens the senses from the winter lull."

The spring show offers decor and gifts ideal for mother's day, Easter, graduation, bridal and baby showers and weddings along with Victorian Boutique staples of specialty candies, local artisan crafts, jewelry and one-of-a-kind finds.

There is a \$1 entry fee for the first visit. After the first visit, all additional visits are welcomed without the entry fee.

The Victorian Boutique Spring Show, March 13 - 28, 2010 is open Monday - Friday, 10 a.m. - 8 p.m., Saturdays, 10 a.m. - 5 p.m. and Sundays 12 - 5 p.m., the final day, March

28 is open 12 - 4 p.m.

The Spring Show is held for two weeks in March and a Fall Show is held for four weeks in November. The Fall Show offers winter holiday decor and gifts. The fall 2010 dates are **Oct. 30 - Nov. 28, 2010**.

It takes weeks to prepare the items for the show and a total of two weeks to decorate the 13-period rooms of the nearly 200-year-old Victorian Home.

The Victorian Boutique was started 23 years ago to allow Jackie Fenstermacher to earn a living while remaining home with her three children. It grew into a thriving business. Jackie and John Fenstermacher have three beautiful grown daughters who are all married with their own children. In total Jackie and John have six grand children.

Jackie Fenstermacher is a woman of the baby boomer generation with no formal business training—yet she is a success in business and in life.

The Victorian Boutique is an old-fashioned family business. Most of those working to put the show together are family members (including Jackie's daughters) or have been a part of the show for years—making them seem like family.

Victorian Boutique accepts Visa, Mastercard and Discover. Additional information is available at www.victorianboutiquetelford.com.

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DINING & ENTERTAINMENT

LANSDOWNE FOLK CLUB CELEBRATES 17TH ANNIVERSARY WITH A BEEF AND BEER FUNDRAISING CONCERT



On Saturday, **March 20**, the Lansdowne Folk Club celebrates its 17th Anniversary with a Beef and Beer Fundraising Concert featuring Harmonious Wail (shown), Phil Minissale with Bob Beach, and Aimless Pursuit.

Wail bursts through the normal boundaries of that genre with its intoxicating vocals and enticing arrangements. Visit www.wail.com for info.

Phil Minissale's home is located somewhere between an alley in the Mississippi Delta and an old cafe in Greenwich Village circa 1960. Uniting a bluesy finger picking guitar style with an honest folk sound, the 23-year-old channels the great legends before him while attracting a new generation to American Roots. Through Phil's music the blues and folk movement are no longer tales of mythical times years ago. Instead, Minissale is refreshing and reinventing traditional sounds as part of the Millennial Folk Movement, where roots, youth, and the heart collide. Hear some of Phil's songs on <http://www.myspace.com/philminissalemusic>.

Playing with Phil will be Lansdowne's Bob Beach, a harmonica and flute player based in Philadelphia. His musicianship has given him the opportunity to support many local and touring acts live and in the studio. He regularly performs with Mason Porter, Beaucoup Blue, Christine Havrilla Band, Hoots and Hellmouth, Bob Beach Trio and many other East

See *Lansdowne Folk Club Concert* on page 10

On Saturday **March 20**, the Lansdowne Folk Club celebrates its 17th Anniversary with a Beef and Beer Fundraising Concert featuring Harmonious Wail, Phil Minissale with Bob Beach, and Aimless Pursuit. Food and drink are included in the ticket price of \$25 in advance; or \$28 at the door.

In March 1993, a small all-volunteer folk club opened its doors and began presenting folk, acoustic, and blues music to Lansdowne and the surrounding communities. The founders never envisioned the club would make it past the first year, but now, seventeen years later, the Lansdowne Folk Club has become a stalwart in the folk music scene.

Founded by Lee Jones, Mike Joyce and several friends, the club first focused on the talents of local and regional folk and blues music acts, but in a short time the LFC was presenting both national and international performers. Acts such as Dave Van Ronk, The Kennedys, Susan Werner, The Waybacks, John Renbourn, Bill Staines, Geoff Muldaur and Jim Boggia have played the club.

So what is Harmonious Wail? They're kind of a mix between The Manhattan Transfer, Dan Hicks and His Hot Licks and Norah Jones, with four great musicians playing jazz, be-bop and Gypsy Swing and featuring smoky vocals, well-selected original and cover songs and fabulous audience rapport. Don't miss lead singer Maggie Delaney-Potthoff playing her cardboard box drum for a unique and perfectly-blended

sound. Drawing from the rich influence of the European gypsy musicians, most notably Django Reinhardt and Stephane Grappelli, the

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610.352.4823 - www.narberthcommunitytheatre.org

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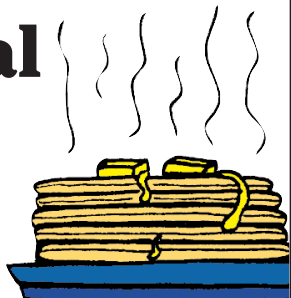
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- African American, age 55 or older

All participants receive payment for in-home interviews. Participation does not affect eligibility for other services provided by Center in the Park, Jefferson or other agencies.

For more information contact 215-848-0463.

There is no charge or medication associated with Beat the Blues. All inquiries and program participation are confidential.

Beat the Blues is a collaborative program between Center in the Park and Thomas Jefferson University. Funded by the National Institute on Mental Health.



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HEALTHY LIVING

Wellness Community of Philadelphia to Hold Awareness Week

*The Wellness Community of Philadelphia is once again holding an Awareness Week **April 17 - 23, 2010**. As it did in its 15th anniversary year in 2008, TWCP is working with area companies along the City Avenue corridor to promote its free services for people with cancer and their loved ones. This year, however, it hopes also to raise funds for TWCP, and, in turn, to draw attention to the neighboring businesses that are Wellness Community-friendly! City Avenue Special Services District organizations are being asked to make an outright donation, or to contribute a percentage of sales for a period of time, or donate product, or set up a collection jar, and to help promote TWCP's free programs and services. Check out twcp.org to learn who is partnering with The Wellness Community of Philadelphia on Awareness Week, and frequent these establishments that support TWCP. Call 215-879-7733 or online visit twcp.org to learn more.*



Photo/Moskow Studio

Magee Rehabilitation Hospital's ThinkFirst Program to Co-Host Anti Gun Violence Walk/Roll April 11

Run, walk and roll to strengthen your limbs and oppose illegal handguns in Philadelphia

Magee Rehabilitation Hospital's ThinkFirst Program – which teaches kids and young adults to think first before engaging in risky behavior – and Physicians for Social Responsibility (PSR) will co-host the 4th annual “Legs Against Arms 5k Run” on Sunday, **April 11, 2010** at St. Joseph's University. Race registration is at 7 a.m. and the race starts at 8:30 a.m. at 54th and Overbrook Avenue.

In 2009, over 500 runners making up 10 teams participated.

In 2010, over 24 teams are expected to register. Participants from local high schools, medical staff and families are among the teams registered and several wheelchair teams are signed up to participate.

Beyond giving those opposed to gun violence a way to take a stand, Legs Against Arms provides an outlet for those most affected by it. As the daughter of a mom lost to gun violence in 2005 said, “My immediate and extended family lacked a place to truly celebrate the life of my mom. We did not have a time that solely focused on the good of her

life without feeling the pain of our loss. The Legs Against Arms Run/Walk provided my family with the opportunity to participate in an event that she would have thoroughly enjoyed. We have the chance to remember all the traits we love about my mom with the people she loved most.”

Supported by the City of Philadelphia, Legs Against Arms IV is part of PSR & Magee's commitment to interrupt the cycle of youth violence and to change social norms that celebrate violence. Over 50 organizations will partner in the *Celebration of Youth* immediately following, providing interactive exhibits focusing on healthy choices around: handguns, at-risk behavior, nutrition, fitness and the environment. There will also be an opportunity for children to showcase their unique talents, resilience, and the potential for a future filled with hope, not despair.

For information about the event or to register to run visit www.legsagainstarms.org. To learn more about Magee Rehabilitation Hospital's ThinkFirst Program, visit MageeRehab.org.

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Neuropathy?

Neuropathy affects every part of your life -- walking, sitting, and even sleeping. Maybe you've had multiple tests, only to find out no one has any idea what you have. Maybe you've even been put on a drug with heavy side effects.

My name is Dr. Todd May, clinic director at Havertown Chiropractic and Wellness Center. Our office is close by at 35 W Eagle Road in Havertown (next to Boccella's Deli and Electric Lighthouse). We've been helping people with neuropathy and nerve problems for more than 19 years.

More than 20 million Americans suffer from peripheral neuropathy, a problem caused by damage to the nerves that supply your arms and legs.

This painful condition interferes with your body's ability to transmit messages to your muscles, skin, joints, or internal organs. If ignored or mistreated, neuropathy can lead to irreversible health conditions.

Why not get help by those trained to correct the major cause of peripheral neuropathy?

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By using gentle techniques, we're able to release the pressure that has built up on the nerve. This allows the nerve to heal and the symptoms to go away.

Numerous studies have proven chiropractic's effectiveness in helping nerve conditions...

“**Manipulation [chiropractic adjustments]**, with or without exercise, improved symptoms more than medical care did after both 3 and 12 months.” – British Medical Journal

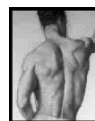
Patients showed an **85.5% resolution of the nerve symptoms** after only 9 chiropractic treatments. - *Journal of Chiropractic Medicine 2008*

“**Significant increase in grip strength and normalization of motor and sensory latencies** were noted. Orthopedic tests were negative. Symptoms dissipated.” – *JMPT 1994*

It's time for you to find out if chiropractic will be your neuropathy solution. **Through March 26, 2010 only**, \$35 will get you all the services I normally charge new patients \$160 for!

What does this offer include? Everything. Take a look at what you will receive:

- An in-depth consultation about your health and well being where I will listen...really listen...to the details of your case.
 - A complete neuromuscular examination.
 - A thorough analysis of your exam findings so we can start mapping out your plan to being pain free.
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- Don't live in pain when we may have the solution you've been looking for all along. **Call today...610-853-9000.**



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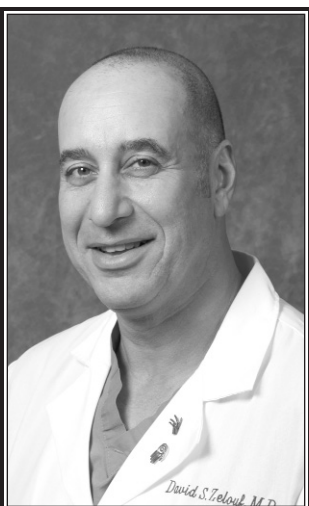
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HEALTHY LIVING

SURGEON TO PRESENT SEMINAR ON HAND AND WRIST PROBLEMS

Does your hand or wrist hurt? If so, join David Zelouf, M.D., Taylor Hospital hand surgeon, for an informative presentation, "Does Your Hand Hurt? Common hand and wrist problems from carpal tunnel to arthritis." The seminar is scheduled for Wednesday, **March 31**, at 6 p.m. in the Downstairs Meeting Room at Helen Kate Furness Library, 100 N. Providence Rd., Wallingford. Free gifts and information will be available.

Attendees will learn the following at this presentation: An overview of common hand and wrist problems, including carpal tunnel, arthritis, trigger finger, and wrist tendonitis; when you should see a doctor for your hand or wrist problem, and what to expect at your visit; conservative vs. surgical treatments for pain, and who would be a candidate for surgery. Dr. Zelouf will be available afterward to answer participants' questions. Dr. Zelouf is affiliated with The Philadelphia Hand Center, P.C. Call 1-877-CK-MOTION (1-877-256-6846) to register.



Race for Recovery to Benefit PA Brain Injury Association

The second annual Race for Recovery to benefit the Brain Injury Association of Pennsylvania will be held at East Goshen Township Park, on Saturday, **March 27**, at 4 p.m. The 5K Run and 1 Mile walk/wheelchair roll will benefit programs aimed at educating the public to prevent traumatic brain injuries and to support rehabilitation programs for individuals who have suffered a traumatic brain injury.

For the second consecutive year, the event was planned and organized by Curry Johnson, a physical therapist from Bryn Mawr Rehab Hospital in Malvern. She said she organized the event "to raise awareness and promote safer choices in an effort to decrease the incidence and severity of traumatic brain injuries." She explained that the Race for Recovery is held in March, which is designated Brain Injury Awareness month nationwide.

Registration for the event is now open and can be completed online through the Brain Injury Association of PA at www.biapa.org. Registration also will be open on the day of the event beginning at 2:30 p.m. The 5K run and 1 mile walk/wheelchair roll will begin at 4 a.m., followed by awards.

The Brain Injury Association of Pennsylvania, Inc., works to prevent brain injury and improve the quality of life for brain injury patients and their families. For information about brain injuries and what can be done to prevent them, visit www.biapa.org.

Located in Malvern, Bryn Mawr Rehab Hospital, which is affiliated with Main Line Health, offers a unique environment for recovery for individuals with brain injury, stroke, spinal cord injury and other physical and cognitive disabilities.

Managing Life's Demands While in Treatment

Join Living Beyond Breast Cancer for its next free networking meeting, Give and Take: Managing Life's Demands While in Treatment on Wednesday, **March 24, 2010**, from 6:00 p.m. to 8:00 p.m. at the Cherry Hill Library in Cherry Hill, New Jersey. Shari Baron, MSN, RN, CNS, CGP will help participants learn effective ways to feel more in control of daily work and home responsibilities and understand how to adapt caretaking roles and ask for help. This program is free and a light dinner and refreshments are included. Register at lbbc.org or call 610-645-4567.

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Free Seminars on How to Maximize College Financial Aid

Area residents seeking free information on gaining the maximum college financial aid for family members are invited to a no-cost seminar. There will be two of them. They will be held Tuesday, **March 16, 2010**, at 7 p.m. inside the Villanova Conference Center, Radnor and also Sunday, **March 21, 2010**, at 1:30 p.m. at the Kaiserman JCC, 45 Haverford Rd., Wynnewood.

Ira H. Siegal, CPA, and a Certified College Financial Aid Counselor has been named as seminar speaker. He recently participated as a panel member of CPAs on The Big Money Show on 1210AM hosted by Steve Cordasco at The Inquirer on "Financial Literacy Series: Talking Taxes."

The college planning workshops for financial aid are "especially important for parents of high school juniors and seniors," Siegal reports. He added that, "prior attendees who have put other children through college have confirmed new information was presented that they never knew."

Parents with students in the 10th and 11th grades will benefit from this information as well. Parents and students are encouraged to attend.

Seats can be reserved by calling Ira Siegal at 610-668-2117 or by e-mailing IraSiegal@aol.com.



Ira H. Siegal, CPA, and a Certified College Financial Aid Counselor, will speak at two free seminars on gaining the maximum college financial aid.

Red Grooms Art Exhibit

Continued from front page

In the 1970s and 1980s through his larger-than-life multimedia installation pieces, such as *Ruckus Manhattan* (1975) and *Philadelphia Cornucopia* (1982), which was installed at the Institute of Contemporary Art, University of Pennsylvania, as part of the city's tricentennial celebration. In 1985, the Pennsylvania Academy of the Fine Arts organized a major retrospective exhibition of Grooms's work, which traveled to museums across the county. In the late 1980s, *Philadelphia Cornucopia* was again on view at 30th Street Station.

On **March 25** at 7:30 p.m., the Bryn Mawr Film Institute will present a special screening of Red Grooms' films in conjunction with the College's exhibition. The hour-long film program will feature three of Grooms' earliest and rarely-seen films – *Shoot the Moon* (1962), *Fat Feet* (1966), and *Tappy Toes* (1968) – followed by a question-and-answer session with the artist. Tickets for "Red Grooms: Early Films" are \$9.50 general admission, \$6.75 for seniors, and \$5.00 for Bryn Mawr Film Institute members. For a full schedule of upcoming events, visit www.BrynMawrFilm.org.

Funding for this exhibition and the accompanying catalogue has been generously provided by the Friends of the Bryn Mawr College Library. For information about the exhibition and related programs, contact Emily Croll, Curator/Academic Liaison at Bryn Mawr College at 610-526-5335, ecroll@brynmawr.edu.

Lansdowne Folk Club Concert

Continued from page 7

Coast performers. Find out more about Bob on his website <http://www.myspace.com/bobbeach>.

If it isn't fun, then it isn't worth doing. If only everything were to be held to that standard. Well, at least in the music world, Aimless Pursuit's mission is simply to have fun putting on a show. Loud, brash and interactive, Aimless Pursuit is on a mission, to have a good time and then to "allow" the audience to join right in. Aimless Pursuit is literally a mash up of styles, playing an adapted to bluegrass song, aka adaptograss, to western swing style, to folk, blues, rock, old time and novelty tunes. Visit <http://www.myspace.com/aimlesspursuit> for information on the band.

Held at the Twentieth Century Club, 84 S. Lansdowne Avenue, Lansdowne, PA. Doors open at 6:30 p.m., event begins at 7:30 p.m. For reservations, to make a donation, or for info call 610-622-7250, visit <http://www.myspace.com/lansdownefolkclub>, or email at lfc.org@rcn.com.

March 17 – Advertise Your Educational Programs & Open Houses in City Suburban News!

DAUGHTERS AND DADS BLAST AWAY THE WINTER BLUES

Merion Mercy Academy students recently found a fun and unique way to bond with their fathers. Eighty-eight girls and their dads attended the Dads and Daughters Bowling Blast, held at the Wynnewood Bowling. The dynamic duos played in 16 lanes for two hours. Each participant was

Attending the Dads and Daughters Bowling Blast, held at the Wynnewood Bowling are, back row – Jim Leddy of Havertown, Gerry DiGiovanni of Drexel Hill, Mark Cedrone of Philadelphia, Joe Fox of Lower Gwynedd, Leander Tassoni of Media; front row – Kelli Fox of Lower Gwynedd, Megan Leddy of Havertown, Elena DiGiovanni of Drexel Hill, Allyson Cedrone of Philadelphia, Leah Tassoni of Media.

given a commemorative t-shirt. Refreshments were served. Four girls won a \$25 gift card to the MMA school store. However, the real prize was getting some time to spend with their dads.

Considering everyone's busy schedules, MMA event manager Linda Benton knew how important this opportunity would be. "I had the pleasure of attending the event myself and it was so wonderful to see how happy all the girls were to have a chance to hang out with their fathers. The sentiment was shared among the dads as well. All in all, it was another really successful MMA event."



WRITERS WIN TOP AWARDS

Baldwin School students, from left – senior Caroline Durlacher of Bryn Mawr, sophomore Lauren Cooper of Newtown Square, and sophomore Randi Brown of Bryn Mawr have been recognized by the Philadelphia Writing Project of the University of Pennsylvania for excellence in writing in the 2010 Scholastic Art and Writing Awards competition. Durlacher received an American Voices Gold award for her dramatic script, "Knowing," a Gold Key Award for her writing portfolio, and a Silver Key Award

for a personal essay, "Atlas Affirming." Cooper earned an American Voice Gold Award for her poem, "Compass," and Brown won an honorable mention for her journalism article, "Recharging Education." Durlacher's and Cooper's works move on to the national level of judging in the Art and Writing Awards competition. All three students will be honored at a ceremony hosted by the Philadelphia Writing Project and the Philadelphia Arts and Education Partnership on **April 3** at the University of the Arts. Their work also will be on exhibit at the University of the Arts.

SJU's Autism Center Offers After-School Social Skills Program

Kinney Center for Autism Education and Support Launches Six-Week Program to Improve Communication, Social Interaction

To help children with autism develop essential communication and social skills, the Kinney Center for Autism Education and Support at Saint Joseph's University will offer an after-school program **beginning March 16** for children ages three and up with autism spectrum disorders. The six-week program, which runs **through April 28** and consists of a one-hour session once each week, will equip the youngsters with the skills to improve relationships with family, teachers, peers and others.

"Area school districts are engaged in educating children with these disorders," said M. Michelle Rowe, Ph.D., executive director of the Kinney Center and professor of Health Services at Saint Joseph's. "Our after-school program will focus on building social skills in a fun, supportive environment."

The targeted skills include greetings, conversations, social play, developing friendships, critical thinking and perspective taking (how to 'read' someone's feelings). Basic interactions such as saying 'hello,' making eye contact, taking turns and learning appropriate responses will be built into the program in a relaxed, small group setting.

Under the supervision of a licensed psychologist and a certified behavior analyst, the Center's Kinney SCHOLARS – Students Committed to Helping Others Learn about Autism Research and Support – will staff the program. Sixteen Saint Joseph's undergraduates with majors in special education, psychology and interdisciplinary health services have been accepted into the SCHOLARS program and are currently training for their roles in the after-school program.

"I wanted to become a Kinney SCHOLAR because I have a family member with autism. I have seen first-hand the benefits of proper therapies for children with autism and also how it can affect the life of the family," said Faith Galletley, a freshman majoring in psychology.

Added sophomore psychology major Danny Cahalin, "Becoming a Kinney SCHOLAR is such an amazing oppor-

tunity for me. I'm so thankful and excited for the opportunity to make a difference in a child's life."

Throughout the program, staff will monitor the participants' progress and modify programming according to individual needs.

"We have designed the social skills sessions to give every child the individual attention and step-by-step approach to skill-building so that they can be successful," said Rowe.

Cost for the after-school program is \$160, with a limited number of reduced-fee scholarships available to families in need of financial assistance.

Other programs at the Kinney Center include the recently launched Kids Night Out, a three-hour program offered one Friday evening each month from 6 to 9 p.m. Children who attend can enjoy fun activities in a structured supervised environment, while their parents can enjoy a respite from worrying about their child with autism. Said one parent when he came to pick up his child, "My wife and I haven't been out on a dinner date in 17 years."

Rowe and the Kinney Center staff are also busy planning a five-week summer camp that she describes as "structured fun." While the focus will be on recreational activities, including arts and crafts, swimming, and indoor and outdoor sports, children will also be learning social skills through play. The camp, which will run daily from 10 a.m. - 3 p.m., will be open to children with autism as well as youngsters who do not have developmental disabilities. "Children with autism can benefit from interacting with neurotypical or so called 'normal' peers because they learn the expectations and social norms of kids their own age," noted Rowe, adding that, "it will allow children with autism and their neurotypical siblings to share a camp experience."

For information about the Kinney Center Afterschool Social Skills Program and to download an application, visit http://kinneyautism.sju.edu/services/index_1.html.

HEALTHY LIVING

Students to Host Fashion Show to Benefit Cancer Research



Abington High School seniors, from left - Melanie Highbloom and Samantha Rubin are busy organizing a fashion show to benefit breast cancer research.

While most high school kids are planning a weekend trip to the mall or a basketball game, Abington High School seniors Samantha Rubin and Melanie Highbloom are busy organizing a fashion show to benefit breast cancer research.

"Pretty in Pink," featuring fashions from Linda's Loft in Jenkintown, PA, is set for 7 - 9 p.m., Thursday, **March 18**, at Old York Road Temple Beth Am, 971 Old York Road, Abington, PA. Proceeds from the show will benefit Philadelphia's Fox Chase Cancer Center's breast cancer research efforts.

The fashion show is the girls' senior community service project, and they said they chose to help Fox Chase Cancer Center because the entire staff is made up of volunteers and all money raised goes directly to research.

Linda Rubin, owner of Linda's Loft, said she became involved in the fashion show because her mother and sister are breast cancer survivors, and she said she was impressed by the work of the foundation, whose volunteers are making the desserts for the fashion show.

"It's way more than we expected," Samantha said about the response she and Melanie have received from volunteers and donations.

Volunteer Barbizon models will strut the runway in women's fashions from Linda's Loft with hair and makeup donated by Studio Artur, in Jenkintown, PA, and music by A Sharp Production, Philadelphia-based entertainment company.

Advance admission is \$15 for adults and \$10 for students. Admission at the door is \$20 for adults and \$15 for students. To order tickets call 215-947-6183.

Colorectal Surgeon to Give Special Presentation



Join Crozer-Keystone colorectal surgeon, Kristie Ressler, D.O., for a special evening presentation, "Colorectal Health." The presentation will take place on Wednesday, **March 17** at 6 p.m. in the Conference Center of Delaware County Memorial Hospital. Dinner will be available for purchase at a discounted price from the DCMH cafeteria from 5 - 6 p.m., lecture will follow.

During this informative presentation, you will learn the importance of colorectal health, the signs and symptoms of colorectal problems, and the latest treatment options available.

Don't miss this opportunity to meet with one of DCMH's renowned colorectal surgeons. For information or to register, call 610-284-8158.

LAURIE ROBINSON RECOGNIZED AS PART OF WOMEN'S HEART INITIATIVE



February, Main Line Health crowned its second ever "Queen of Hearts" on February 13 during the "I Love ME" event at the Franklin Institute. Laurie Robinson of Havertown, PA is the second woman to receive this distinction from Main Line Health's Women's Heart Initiative. Robinson won the title of queen for her proactive commitment to a healthy heart lifestyle.

From left - Laurie Robinson and Robyn Stephanou pose together after Robinson learned she won the 2010 "Queen of Hearts" title.

As a part of the Women's Heart Initiative, Main Line Health has created the "Queen of Hearts" program to encourage and educate women on the importance of standing up to their number one killer—heart disease. The "Queen of Hearts" recognizes a woman in the community that has made heart health an integral part of her life.

seeming as a positive role model for others.

Over a hundred applicants were entered for this year's "Queen of Hearts" contest. The three finalists, Lisa Gilbert, Michelle Getty, and Laurie Robinson all serve as heart-healthy role models. Laurie Robinson was won this year's crown for adopting a new way of life after learning she had congestive heart failure. Laurie had a defibrillator implanted and was able to lose 115 pounds in a year due to diet and exercise. She is a successor to former queen Robyn Stephanou, who wowed judges last year with her determination to beat her family history of heart disease and became Main Line Health's first ever "Queen of Hearts."

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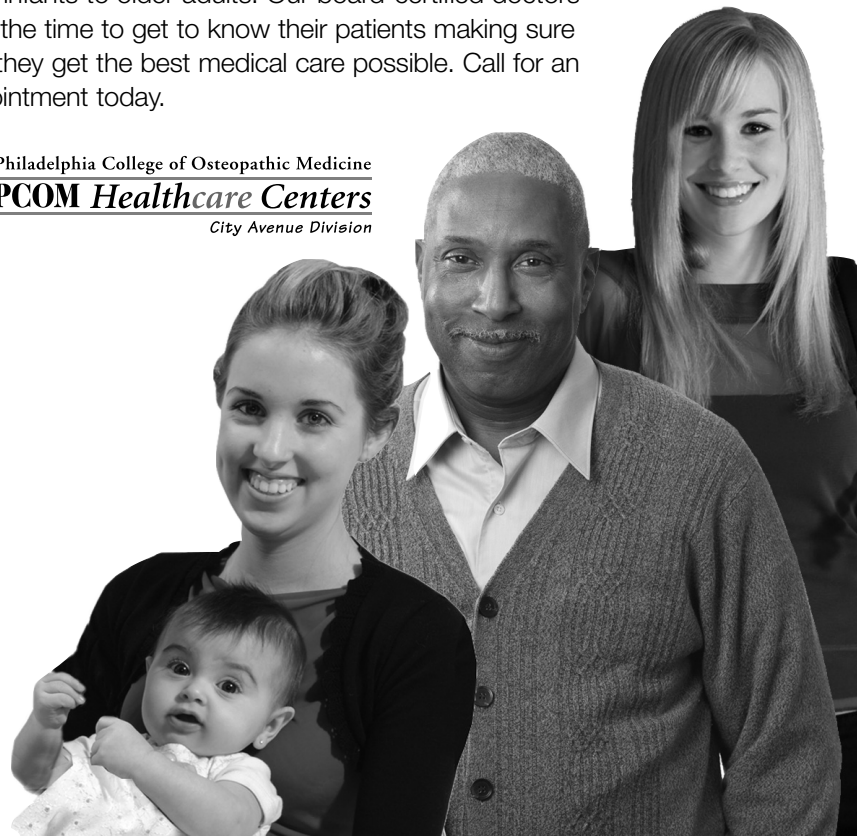
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At the opening reception of the world premiere of "Ancient Rome & America" at the National Constitution Center are, from left – Eugenio Martera, Contemporanea Progetti CEO, of Florence, Italy; David Eisner, National Constitution Center President/CEO, of Philadelphia.



Attending the opening reception are, from left – Linda Carioni of Florence, Italy; Eugenio Martera, Contemporanea Progetti CEO, of Florence, Italy; Betsy and Kevin F. Donohoe, of Bryn Mawr; Loretta Duckworth and Joseph Duckworth, National Constitution Center Board Member, of Berwyn.



From left – John Price; The Honorable Giulio Terzi di Sant'Agata, Italian Ambassador to the United States; Luigi Scotto, Consul General of Italy. Photo/Carol H. Feeley



From left – Steve Harmelin and his wife Julia Harmelin; Steve Frank, Vice President of Education and Exhibits at the National Constitution Center. Photo/Carol H. Feeley

Thanks for Reading CITY SUBURBAN NEWS!

Evening Hours

By Rose Marie Riley



From left – Ann Vernon Grey; Professor Ann Kutner; Dr. Robert Ousterhout; Dr. Campbell Grey, Curatorial Consultant and Assistant Professor of Classical Studies at the University of Pennsylvania; Dr. Caroline Winterer, Curatorial Consultant and Associate Professor of History at Stanford University. Photo/Carol H. Feeley



From left – Ann Ralls Freeman Murrah and her daughter Frances M. Lovett. Photo/Carol H. Feeley

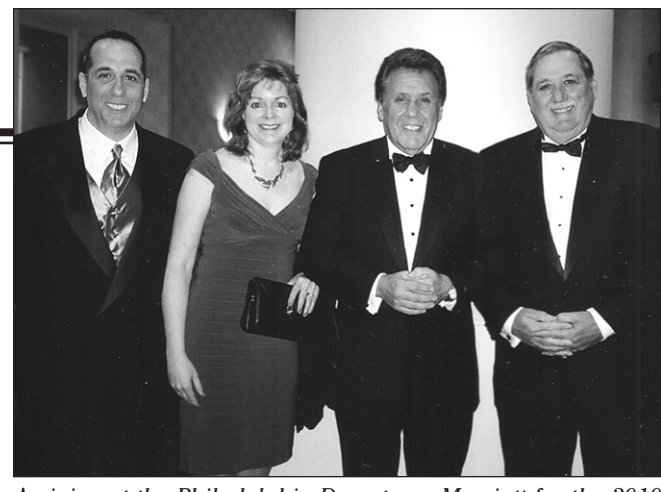
Opening Reception "Ancient Rome & America"

The National Constitution Center celebrated the opening of the world premiere exhibition "Ancient Rome & America" with an evening reception on February 18, 2010. Nearly 170 guests enjoyed cocktails and hors d'oeuvres followed by an exclusive preview of the multi-million-dollar exhibition that features a never-before-seen collection of artifacts from across Italy and the United States. The opening ceremony included remarks by David Eisner, National Constitution Center President and CEO; The Honorable Giulio Terzi di Sant'Agata, Italian Ambassador to the United States; Eugenio Martera, CEO of Contemporanea Progetti; Susan Barnett, CBS 3/CW Philly Anchor; and Jon Hitchcock, President and General Manager of CBS 3 and The CW Philly.

"Ancient Rome & America," on display until August 1, 2010, showcases the cultural, political, and social connections between the lost world of ancient Rome and modern America. The 8,000 square foot, artifact-rich exhibition was created by the Center in partnership with Contemporanea Progetti of Florence, Italy, in collaboration with the Ministero per i Beni e Le Attività Culturali, Rome, Italy.



Enjoying the Heart Ball, from right – Eliana Papadakis, Vice-Chair, Heart Ball, takes some time to wave hello from the dance floor with daughter, Maria. Photo/Daniel Burke Photography



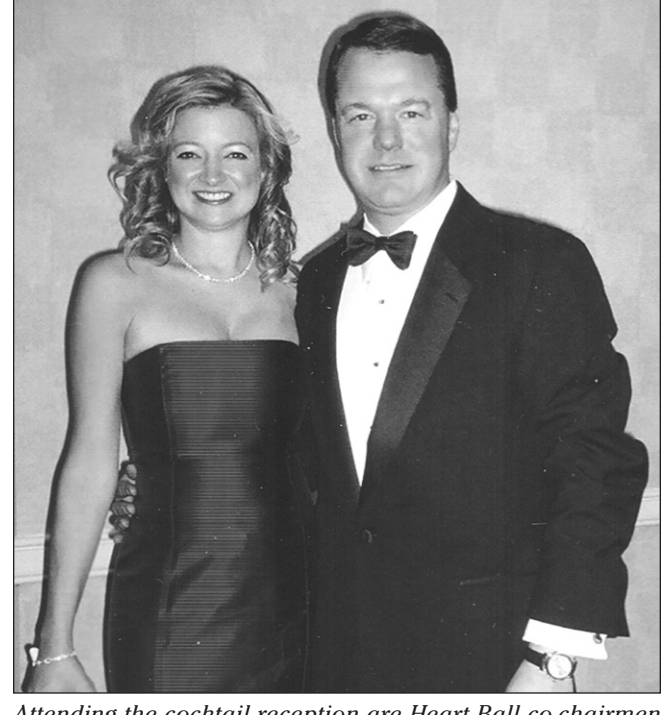
Arriving at the Philadelphia Downtown Marriott for the 2010 Heart Ball are, from left – Paul and Helen Stamatakis of Pittsburgh, PA; honoree Manuel N. Stamatakis of Villanova; Nick Stamatakis of Baltimore, M.D.



William Frankl, M.D., accepts the American Heart Association's Edward S. Cooper M.D. award at the Philadelphia Heart Ball on Saturday, February 20. Dr. Frankl is a retired professor of medicine at Temple University Hospital. Photo/Daniel Burke Photography

The American Heart Association Heart Ball

The American Heart Association hosted its annual Heart Ball on Saturday, February 20 at the Philadelphia Downtown Marriott. Honorees included Manuel N. "Manny" Stamatakis who received the Heart of Philadelphia award and William S. Frankl, M.D., Professor of Medicine at Temple University Hospital (retired), who received the Edward S. Cooper, M.D. award. Guests bid on live and silent auction items, danced to the music of Slippery and enjoyed a program full of heart disease survivors that reminded guests exactly why they were there that evening. Heart Ball 2010 raised \$1.2 million for cardiovascular research and education in the Delaware Valley.



Attending the cocktail reception are Heart Ball co-chairmen Karen Dougherty Buchholz and Carl M. Buchholz, of Flourtown.

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Find Senior Services on the back page of City Suburban News every other week. Find an expanded Senior Services section with additional senior topics the 3rd or 4th week of every month. **Our next Senior Services Back Page and Senior Issue is March 24.** Ad deadline is the previous Thursday.

Senior at The Watermark Publishes “A Collection of Poems and Tributes”

Essie Kirkland Hendley, 85, has recently published her latest works of poetry. The collection is entitled *A Collection of Poems and Tributes*. Her latest collection features a variety of works, ranging from tribute and memorial poems, prayers, and memories. Hendley, a resident at The Watermark at Logan Square in Center City, has previously been published, most notably for her work in education.

Hendley is a native of Georgia and attended Savannah State University where she earned her Bachelor's Degree in Early Childhood Education. She later went on to earn her Master's Degree in Social Sciences from Kean College in Union City, NJ where she later became an adjunct professor and received a graduate alumni award. Hendley authored the book, *So You Want to be a Teacher*, a collection of personal teaching experiences which also resulted in the publication of feature stories in newspapers and national education journals. Additionally, she has had poetry published previously.

In addition to her writing and teaching, Hendley spent many years of her life as a dedicated volunteer. In Plainfield, NJ, where she lived for many years, she was the Vice President of the United Way, a member of the Mayor's Task Force for the Aged, and chairperson of the Campaign for Lifeline at Muhlenberg Hospital. Hendley started a wheelchair drive at Muhlenberg Hospital to help meet their needs. She and her husband bought the first wheelchair, and then helped raise money to purchase 15 more. For her work, she was presented the *Eagle Award* from Anheuser-Busch.



Photo/Jenny Goinden
Author Essie Kirkland Hendley in her apartment at The Watermark at Logan Square.

Call for Senior Artists: Submit Work for Exhibition by Friday, March 26

A month-long festival entitled, “engAGE! Celebrate Arts & Aging,” presented by Philadelphia Corporation for Aging and the Greater Philadelphia Cultural Alliance, will feature exhibitions of original artwork by older Philadelphians. Artists who are at least 55 years old are invited to submit artwork for exhibition throughout May in observance of Older Americans Month. Artists may submit one piece of artwork that was created within the past three years. Submissions are due by Friday, **March 26**. For information and an application, visit www.pcaCares.org/SeniorArt or call 215-765-9000, ext. 5052.

Volunteers Needed to Lead Discussion Groups

Journey's Way, Resources and Programs for People 55+, located at 403 Rector St., is currently recruiting volunteers 55+ to lead peer discussion groups on health, aging and life after retirement. Volunteers must enjoy working with people, have good listening skills and provide their own transportation to and from meetings. Discussion groups meet in senior community centers city-wide. The program offers five weeks of training and volunteers then lead a weekly discussion group. For information, call Karen Rouse at 215-487-1750 ext. 1214 or email krouse@intercommunityaction.org.

SAY YOU SAW IT IN CITY SUBURBAN NEWS

Find Senior Services here the third or fourth Wednesday of every month. Next Senior Issue is March 24. Plus, see our Senior Services Back Page that runs every other week – next one is March 24!

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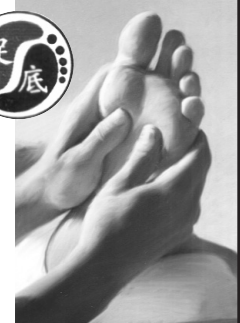
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